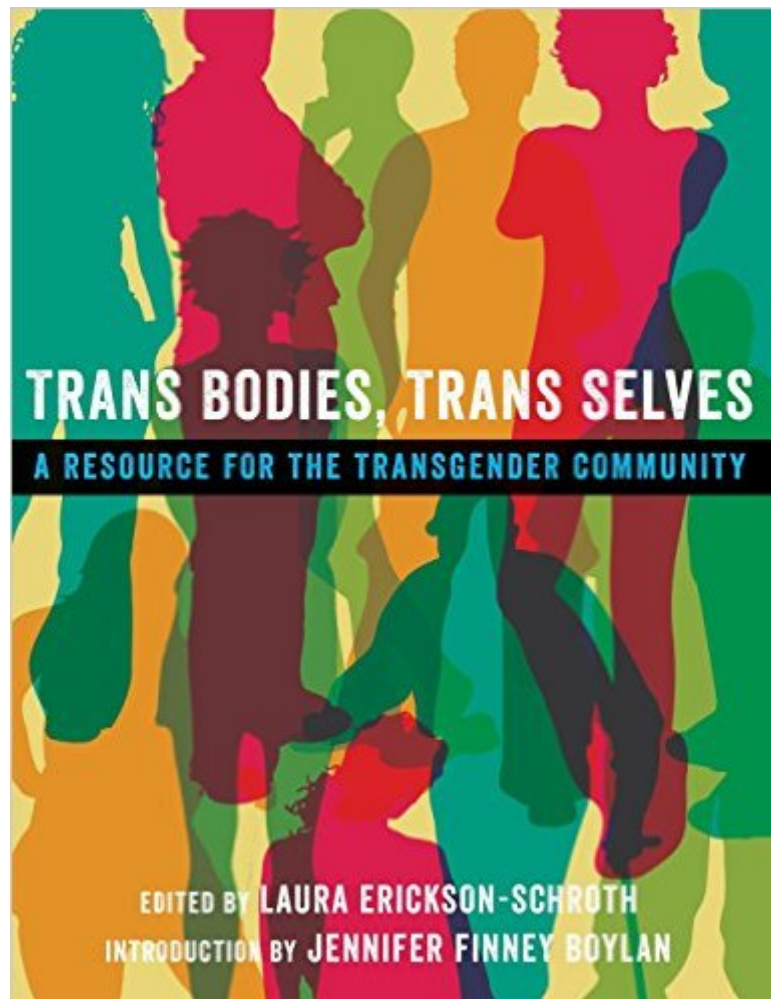


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# Trans Bodies, Trans Selves: A Resource For The Transgender Community



## Synopsis

There is no one way to be transgender. Transgender and gender non-conforming people have many different ways of understanding their gender identities. Only recently have sex and gender been thought of as separate concepts, and we have learned that sex (traditionally thought of as physical or biological) is as variable as gender (traditionally thought of as social). While trans people share many common experiences, there is immense diversity within trans communities. There are an estimated 700,000 transgendered individuals in the US and 15 million worldwide. Even still, there's been a notable lack of organized information for this sizable group. *Trans Bodies, Trans Selves* is a revolutionary resource—a comprehensive, reader-friendly guide for transgender people, with each chapter written by transgender or genderqueer authors. Inspired by *Our Bodies, Ourselves*, the classic and powerful compendium written for and by women, *Trans Bodies, Trans Selves* is widely accessible to the transgender population, providing authoritative information in an inclusive and respectful way and representing the collective knowledge base of dozens of influential experts. Each chapter takes the reader through an important transgender issue, such as race, religion, employment, medical and surgical transition, mental health topics, relationships, sexuality, parenthood, arts and culture, and many more. Anonymous quotes and testimonials from transgender people who have been surveyed about their experiences are woven throughout, adding compelling, personal voices to every page. In this unique way, hundreds of viewpoints from throughout the community have united to create this strong and pioneering book. It is a welcoming place for transgender and gender-questioning people, their partners and families, students, professors, guidance counselors, and others to look for up-to-date information on transgender life.

## Book Information

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## Customer Reviews

This excellent resource could easily have been multiple books. It is the most comprehensive, in depth look at transgender peopleâ™s experience I have seen in my 10+ years as a Trans\* ally and activist. The 100+ page first section could stand by itself as a valuable insight into Trans\* experience. It showed me how my cultural background, research, and advocacy within a small segment of the Trans\* community was woefully inadequate to understand the full spectrum of their experiences. Every personâ™s experience is unique to them; similarly, there is no one âœstandardâ•way to live or be Trans\*. This first section â“ Who we Areâ•â“ introduces us to the racial, ethnic, religious, and societal influences that interact with each personâ™s Trans\* life and identity. Section 2 â“ Living as Ourselves - forms a logical transition into the remainder of the book. The remaining major sections - Health and Wellness, Relationships and Families, Life Stages, and Claiming our power â“ flesh out virtually everything a transgender person may experience. The entire book is narrated in the first person by the editor. Direct quotes from survey respondents are interspersed with personal stories by various leaders in the struggle for recognition and acceptance. Segments on medical, health, legal, and social issues provide a general summary of these concerns; readers are referred to experts in their fields for additional situation-specific help. Sidebar notes list a multitude of references and resources dealing with the subject of adjacent paragraphs, some of which were new to me. Annotated references to books and other resources are appended to each chapter, while a lengthy list of contributors is appended following the last section. Who should have this book?

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